



**A date for your diary!**  
**Sunday, May 29<sup>th</sup>, 10.00-12.30, Age Concern and Red Cross Craft Fair,**  
**Bar Pons, Cala en Porter!**

**Our news:**

**The shop** is still very busy and very well stocked. Thank you for your donations and custom! (And a big “Thank you” to all our volunteers, of course!)

We are still in desperate need of more **strong, able-bodied volunteers** to help us collect large and heavy items. **Even if you are only available one morning a month, or during only a few weeks every year, we’d love to hear from you.** At present we are having to refuse some donations or pay for collections as we do not have the capacity to collect, which obviously impacts on our income and what we can spend money on.

Also, thanks to your generosity, we have been able to donate items to help refugees from Ukraine.

Our **Lifeline** service (offering confidential help to those in need and consisting of a team of volunteers led by Carol, our shop manager) is still very busy supporting individuals in different ways. If anyone you know, needs our help, please get in touch. If you would like to join our Lifeline team. please contact Carol. We always need translators. **We are still having some problems with the lifeline email** so please contact Lifeline via general email or by ‘phone (see contact details below).

The **medical equipment short-term loan service** is also still busy. Please **make an appointment (essential!)** if you need a wheelchair, crutches, walking frame etc. (Deposit required. No rental fee but we do ask for a donation when the equipment is returned and you get your deposit back. You can collect from us or we can deliver anywhere on the island. Loans for up to 3 months.)

It’s been wonderful to have our **social activities** up and running again. We hold a **fish and chip lunch** at Bar Pons on the **first Thursday of every month**. Our **second monthly lunch**, held on the **third Wednesday of every month** has been at the Real Aeroclub at Sant Lluís for the last three months but we intend to make this lunch a ‘movable feast’ and try out a range of different venues in the Sant Lluís or Es Castell areas. Watch this space! Booking essential for lunches – contact our Social Secretary for details or to book – **everyone is welcome!**



**Happy Birthday Mary! Celebrating at our Bar Pons Fish and Chip lunch.**

Both our weekly ‘drop-in’ sessions are up and running. **Every Monday** from 10-12.30 at the Jubilado Centre on the Esplanada in Es Castell and **every Tuesday** from 10.00 – 12.30 at Bar Pons, Cala en Porter. Just come along and make new friends or meet current ones. The Tuesday ‘drop-in’ has been running for many years and is well supported. The Monday ‘drop-in’ in Es Castell was a new venture for us back in 2020 and only ran for a few weeks before lockdown put an end to everything. Re-starting this in late January was no easy task. This ‘drop-in’ is run by Roy and Elaine Martin. They have put a great deal of effort into making it a success and encouraging new people to come along, for example, including a quiz as part of the morning. They have also set up a collection of books, DVDs and

CDs which can be purchased very cheaply; it's virtually a lending library. As a result, it is going from strength to strength. Roy is trying to forge even closer links with the Jubilado Centre so that our attendees can become more involved with what the Centre offers to its other members. This would be a huge step forward. Keep your eyes open for more news, visit our website or Facebook page, email us for the latest information or just 'drop-in' on a Monday.



Roy and Elaine are both Scottish by birth but lived in North Yorkshire for 30 years before moving to the island. They have been coming here regularly since 1998 and finally realised their dream by buying an apartment in 2020. They are fascinated by the island, its history and its residents. They still love North Yorkshire but see it now as a place to cool down after a warm summer here. Roy says: "We would love you to come along to the Age Concern Monday Club and get involved. Especially with the Monday Morning Quiz designed to wake you up and set you up for the week."

Our **membership** numbers are very healthy. Membership not only means you are supporting us but also entitles you to discounts at all our social events. Please contact our Membership Secretary if you would like to support our work by donating 12 € a year and becoming a Friend of Age Concern. You can pay at the shop, at our lunches or by bank transfer. It is also possible to make donations, for this or for any other purpose, through the 'donate' button on our website.

Thank you all for your continued support through donations, purchases, membership or as a volunteer. We couldn't do any of this without you!

**Key information:**



**Opening hours: Monday – Saturday, 9.45 – 13.15. (Closed afternoons until further notice)**

**Contact us:**

*For the latest information and current offers follow us on Facebook or visit our website.*

General email	<a href="mailto:menorca@ageconcern.org.es">menorca@ageconcern.org.es</a>	
Visit our Website	<a href="http://www.ageconcernmenorca.com">www.ageconcernmenorca.com</a>	
Follow us on Facebook	<a href="#">Age Concern Menorca 2015</a>	
Social Secretary	<a href="mailto:menorca@ageconcern.org.es">menorca@ageconcern.org.es</a>	699 901 777
Membership Secretary	<a href="mailto:menorca@ageconcern.org.es">menorca@ageconcern.org.es</a>	620 017 437
Lifeline	<a href="mailto:menorca@ageconcern.org.es">menorca@ageconcern.org.es</a>	676 904 487
Medical & mobility equipment loan <b>BY APPOINTMENT ONLY</b>	<a href="mailto:acmenorcamedequip@gmail.com">acmenorcamedequip@gmail.com</a>	629 016 307
Shop	<a href="mailto:menorca@ageconcern.org.es">menorca@ageconcern.org.es</a>	971 156 110
Trips	<a href="mailto:lindahart.outings@gmail.com">lindahart.outings@gmail.com</a>	971 156 110

**Thank you again for your support!**