Age Concern Menorca

Things have been very unusual for us during the last few weeks. As part of the general 'lockdown' the shop has been closed and all social events have been cancelled. We hope that everything will be up and running as normal soon. Maybe even by the time you read this article!

We are continuing to build links with the wider community and support systems on Menorca.
On Tuesday, 12th February, we were visited by las Enfermeras de Zona de Menorca.
There are 3 Enfemaras de Zona who cover Menorca. Their name translates as District Nurse but their role is slightly different, I am told. They look after housebound and chronically ill patients, visiting to assess their conditions and needs. They paid us a visit to see what services we offer. They were most impressed by our stock of medical equipment and interested in the ways we try to support the older population on the island. They are keen to work in collaboration and exchange information.

There have been some recent changes to the Age Concern committee. In addition to Sandy Berresford joining us as Social Secretary, Pat Harding has recently resigned from her post as Membership Secretary but is still a key committee member and Shelagh Marshall has taken over the Membership secretary role. Christine Crane, a long-standing volunteer, has also joined the committee.

In early March we produced a newsletter, written in both Spanish and English, which covered activities and achievements since March 2019. This was emailed to members and posted on our Facebook page. Printed copies are also now in our shop where you can collect one once we are open again. We have also had new business cards printed with updated contact information.

The medical and mobility equipment loan service has continued to operate to meet emergency needs.
This service is strictly by appointment: acmenorcamedequip@gmail.com or 'phone **629016307**
Returnable deposit required, donation requested on return. **Short term loans only** though we can assist you in finding long term solutions.

Lifeline has continued to operate as normal to support individuals in need. We have been overwhelmed and greatly heartened by the number of people who have volunteered their help in providing additional support during the current emergency. At the time of writing we have had very few additional requests for help so have not needed to call on many additional volunteers but it has been very reassuring to know that the help is there is needed and we realise that many of those who offered help during the current crisis cannot do so when things return to normal. Thank you all again! Just a reminder that if you know anyone who would benefit from our support you can contact Lifeline for confidential help:
lifelineac@yahoo.com or 'phone **676 904 487**

Social activities

Regular social events (which will be resumed as soon as possible)

'Drop in': Just call in for a coffee, chat, dominoes, scrabble etc.

Each Tuesday 10.00 – 1.00 at Bar Pons, Cala en Porter

Each Monday 10.00 – 1.00 at The Centre de Jubilados, Es Castell **NEW VENTURE**

Lunches

- A Fish & Chip lunch Bar Pons, Cala en Porter on the first Thursday of every month
- Three course lunch Bar Espana, Es Castell: on the third Wednesday of every month.

For more information or to book contact: **menorca@ageconcern.org.es** or 'phone **699 901 777**

Trips

Due to the situation at the time of writing the trip planned for April 23rd has been cancelled but Linda hopes to set up a trip for June or July. Details will follow when the situation is clearer.

Do let us know of anywhere you would particularly like to go for future trips.

Membership

Membership costs just 12€ a year and not only helps us continue our work but also provides you with benefits.

You can now apply for or renew your membership electronically and pay by bank transfer.

We are also now sending news and information about events and offers electronically to all Friends and Members for whom we have an email address. Contact us on: **menorca@ageconcern.org.es** or 'phone **620 017 437**

Our AGM is scheduled for 3.00 p.m. Wednesday 27th May, at Bar Pons. All Friends and Members are welcome to attend. We hope this will be able to go ahead as scheduled and will inform those eligible to attend directly should this have to be postponed.

Volunteers

Apart from the shop manager, Carol, everyone works for Age Concern as a volunteer. Though the number of volunteers continues to grow, we still need more Lifeline volunteers as the number of people whom we support has increased enormously. Please contact us if you, or anyone you know would like to volunteer.

As always, we also still need and strong and able bodied people to help with collection of large donated items. Unfortunately, there is currently a long waiting list for collections.

Contact us on: **menorca@ageconcern.org.es** or 'phone **971156110**

Other activities

Shop information:

Carrer de Artrutx 10, Poligono Industrial Mahon, 07714.

Monday to Saturday 09.45 – 13.15 plus

Tuesday and Thursday 17.00 – 19.15.

Tel: **971 156 110** or **636 347 286** (Manager)

General email: **menorca@ageconcern.org.es**

Facebook: **Age Concern Menorca 2015**