Age Concern Menorca:

We continue to expand our help to the community here in Menorca, particularly to enhance the everyday life and support the individual needs of our 'senior citizens'.

Winter news and events

We were pleased to be able to host a 'drop in' session for the British Consulate staff on October 28th. This gave members of the community the chance to speak individually to Consulate staff about any issues that concerned them. The Consulate staff were very interested in our work and have left us some useful leaflets to add to our information stand.

President Celi meets Consulate staff

As you can see from the photograph**, our new Christmas stock is now on sale!** There are goodies for everyone. If you want to buy even more Christmas goodies, why not join our **trip to Truvi and the centre of the island** on **Thursday November 28th.** It costs 25 € for Friends and 27 € for others and includes lunch as well as visiting other parts of the centre of the island. Pick-ups from Cala en Porter and Es Castell. Contact **lindahart.outings@gmail.com** or **the shop** for details and to book.

On the subject of trips, we had a very successful shopping trip to Ciutadella on a market day in October. The weather was lovely and people really liked the opportunity to go somewhere different. For those without transport, getting to places across the island is not easy, which is why we provided a cheap and convenient option and a chance to have a lazy day out with friends.

A great day out in Ciutadella".

This is also why we are offering help with transport for those who would like to attend the Christmas Party but have no means of getting to Cala en Porter.

There are still some tickets available for our **Grand Christmas Party starting at 1.00 p.m.on Thursday December 5th at Bar Pons**. There will be excellent food and excellent entertainment. Cost is 25 € for Friends and 27 € for others. Please contact our Social Secretary to book. Apart from this, our normal monthly and weekly social events will be going on as usual.

Keep an eye on (and 'like') our Facebook page, contact or visit the shop, look out for posters and check future issues of Roqueta for further details of all events.
As a new service, if you contact us with your email address, details of all our planned activities can be emailed directly to you. Also it is now possible to pay your subscription by bank transfer. Subscriptions for 2020 are due by the end of January 2020.

Everyone is welcome to join us in any of our activities. You don't have to be a Friend, Member or Senior Citizen. If you've never joined us before, why not give it a try?

General information

The Age Concern Centre:
Our Centre is at Carrer d'Artrux 10, on the Mahon poligono,
Opening hours:
Monday to Saturday 9.45am - 1.15pm and also
Tuesday and Thursday evenings 5.00pm - 7.15pm

Medical equipment:
Our medical and mobility equipment can be borrowed by both residents and visitors. There is no rental fee. We require a refundable deposit and ask for donations when the equipment is returned. Delivery and collection throughout the island (including the airport) are available. **Please contact the medical equipment team to make an appointment.**

Friends of Age Concern:
Becoming a "Friend of Age Concern" means you are helping our work in Menorca and also gives you a discount at lunches and other events. Join at the Centre, at one of our functions or by contacting our Membership Secretary. **It is now possible to pay your subscription (12€ per annum) by bank transfer.**

Regular Social events

- **Drop in session each Tuesday**, 10.00 – 1.00 at Bar Pons, Cala en Porter. Just call in for a coffee, chat, game of bingo, scrabble etc.
- **Lunches each month**
  - A Fish and Chip lunch on the **first Thursday** of every month at **Bar Pons** in Cala en Porter: 12.30 for 1.00; 13€ Friends/Members, 15€ others (replaced by the Christmas party this December; 02/01/20; 06/02/20; 05/03/20; 02/04/20)
  - A lunch on the **third Wednesday** of every month at **Bar Espana** in Es Castell: 12.45 for 1.00; 14€ Friends/Members, 16€ others. (18/12/19; 15/01/20; 19/02/20; 18/03/20; 15/04/20)

More information about what we do, special events etc. can be found via our Facebook page: **Age Concern Menorca 2015**
OR contact us.

Contacts:
Shop/Centre: 971156110 Shop Manager: 636347286
Lifeline (confidential help): **lifelineac@yahoo.com** or 'phone 676 904 487
Medical equipment: **acmenorcamedequip@gmail.com** **or** 'phone 629016307
Social Secretary: **patharries37@hotmail.com** or 'phone 971 377 038
Membership Secretary: **tiggermenorca@gmail.com** or 'phone 971 377 261
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