Age Concern: "Helping the Community"

This phrase sums up what Age Concern is about in Menorca. We use the funds we raise to help the community **here** in Menorca. We need your help and support to expand what we can offer, for example, in terms of individual support to the 'senior citizens' of Menorca.

We are currently particularly looking for translators as well as people to help in the shop, the storeroom and with collections and deliveries. **Please, if you are interested in helping us in any way, even if only for 3 or 4 hours a week, on an 'ad hoc' basis or for only a few weeks of the year, do get in touch.**

A.G.M.

We held our AGM at Bar Pons on May 22nd. It was very well attended, with over 30 people present, and those present were very supportive of what we are working towards achieving. The greeting from our new President, 'Celi was very well received. We'd like to thank everyone for their input.

Araceli ('Celi') our President, at work in the shop

Focus on Lifeline.

Many people do not really know what Lifeline is. Sarah Curgenven, our new Lifeline co-ordinator has written the piece below to try to clarify what the service can do:

"For some time now I have had the pleasure of working with Age in Spain, which supports people who are eligible for help from UK charities. So when I was asked to take on the role of Lifeline Co-ordinator for Age Concern Menorca I thought "what a good fit, working together we can serve the people who need help and support".

*We're anxious to reach out to people who may be in any kind of need. Sometimes it's just a case of having someone to talk to so we intend to set up 'phone buddies', a group of people who will be willing to pick up the phone and talk to somebody once a week…..**volunteers welcome**!*

We also try to provide translators to help people in situations where a clear understanding of what is being said is essential such as medical appointments, town hall or police matters. We have some translators but could do with more! If you have been a translator for us but have not been asked to help for some time and are still willing , or if you would like to become one of our translators, could you please contact us, whatever your language.

And, of course, we use the money raised by Age Concern to help people who find themselves in financial need in all kinds of ways, but we have to know that help is needed so if you or anyone you know could do with a hand please let us know".

Lifeline is, of course, not only for people from the UK, anyone in need can access its services.

As well as the email address and phone number found in the contacts information, Sarah can also be contacted at the Age Concern shop where she works from 5.00 – 7.00 p.m. on Thursdays.

Sarah, our Lifeline co-ordinator

Publicising your events and services.

The information stand in the shop for individuals and organisations to publicise events and services is filling up nicely! We are adding some relevant information and advice leaflets too. If you have any leaflets, posters, flyers or cards you would like us to display, please bring them into the shop. Why not call in and have a look at what's going on?

General information

The Age Concern Centre:

Our Centre is on the Mahon poligono, close to the original Lidl store (now JYSK) and Mantolan.

Opening hours:

Monday to Saturday 9.45am - 1.15pm and also

Tuesday and Thursday evenings 5.00pm - 7.15pm

The shop sells a wide range of goods, for example: clothes, DVDs, CDs, books, bric-a-brac, toys, baby equipment, games, furniture, soft furnishings and household goods.

We can collect donations and deliver large items purchased (for a small fee). Please phone or visit the centre to arrange collections.

Please note:

- **We can only accept items which are in good condition.**
- **We can only deliver to ground floor level.**
- **Please do not leave donations outside the shop when we are closed**.

Medical equipment:

We have a large stock of medical equipment which can be borrowed by both residents and visitors. We require a refundable deposit and only ask for donations when the equipment is returned. Airport delivery and collection and delivery to most locations on the island are normally available. Though the medical equipment team are often in the centre during shop opening hours, to be on the safe side, **please contact the medical equipment team to make an appointment.**

Social events:

Drop in session:
Each Tuesday, 10.00 – 1.00 at Bar Pons, Cala en Porter. Just call in for a coffee, chat, game of bingo, scrabble etc.
Lunches:
Each month

- A Fish and Chip lunch on the **first Thursday** of every month at **Bar Pons** in Cala en Porter: 12.30 for 1.00; 13€ Friends/Members, 15€ others (Thursday 4th July)
- A lunch on the **third Wednesday** of every month at **Bar Espana** in Es Castell: 12.45 for 1.00; 14€ Friends/Members, 16€ others (Wednesday 17th July)

Please contact **our Social Secretary** to book.
Age concern trips:
Trips take place throughout the year, the most recent one having taken place in late June. If you are interested in joining any of our trips please contact **lindahart.outings@gmail.com**, contact the shop or look on our Facebook page for details. **Everyone** is very welcome to join any of our events.

Friends of Age Concern:

Becoming a "Friend of Age Concern" means you are helping our work across the community in Menorca and also gives you a discount at lunches and other events.
Join at the Centre, at one of our functions or by contacting our Membership Secretary.

Further information:

More information about what we do, special events etc. can be found via our Facebook page: **Age Concern Menorca 2015**
OR contact us.

Contacts:

Shop/Centre: 971156110
Shop Manager: 636347286
Lifeline: **lifelineac@yahoo.com** or 'phone 676 904 487
Medical equipment: **acmenorcamedequip@gmail.com** **or** 'phone 629016307
Social Secretary: **patharries@telefonica.net** or 'phone 971 377 038
Membership Secretary: **tiggermenorca@gmail.com** or 'phone 971 377 261
General email: **menorca@ageconcern.org.es**