Age Concern: “Helping the Community”

This phrase sums up what Age Concern is about in Menorca. We use the funds we raise to help the community **here** in Menorca. That means all ages and all nationalities. We need your help and support to raise these funds and to expand the support we can offer, for example, in terms of individual support to the ‘senior citizens’ of Menorca.

ALL CHANGE!

There have been major changes to the management of Age Concern Menorca recently. A new committee was elected, in an exceptionally well attended EGM in March following the sudden resignation of all the previous committee. Everything (the shop, social events, medical equipment loan and Lifeline) has continued, and will continue to run as normal but with different people in charge of everything except the shop where Carol Kenyon remains as Manager. Consequently **many of the previous contact details have changed** so please make a note of the new contact information given at the end of this article.
The new committee is made up of the following people, all established volunteers with Age Concern and in several cases, returning to committee roles that they had held in the past. Carol has been invited to attend all committee meetings. Araceli, our new President, was one of our volunteers featured in one of our ‘Focus on Volunteers’ features in Roqueta last year.

President	Araceli Roca Rosello
Secretary	Jane Bryer
Treasurer and Vice President	Tony Rickwood
Social Secretary	Pat Harries
Membership Secretary	Pat Harding
Lifeline:	Sarah Curgenven
Medical Equipment:	Jan Henman and Duncan Bryer
Publicity:	Beverly Rickwood
Shop and Volunteer Representative:	Tracey Mills

Publicising and sharing information:

We are setting up an information stand in the shop to give individuals and organisations the opportunity to publicise events and services. If you have any leaflets, posters, flyers or cards you would like us to display, please bring them into the shop.

Social Events News:

We have held successful lunches at Bar Pons and Bar Espana every month throughout the winter.
The photos below show some regulars and visitors enjoying their lunch at Bar Espana in March.

Dates for this month's lunches are:

- Fish & Chip lunch at **Bar Pons** in Cala en Porter on **Thursday 2nd of May**
- Three course lunch at **Bar Espana** in Es Castell on **Wednesday 15th of May**.

Pat Harries, hopes to run several day trips this year and would like anyone with any ideas or preferences for where these trips should go, to contact her so that she can ensure the best day out possible (contact details below).

Other Activities:

Please visit our stall at the Car Boot Sale in Cala'n Porter on the morning of Sunday May 12th.

Volunteers:

Without our volunteers we could not survive. Though we have a wide range of established volunteers, it would help us enormously if we had even more. The work is varied and there is always plenty to do. It's very satisfying to feel you are helping others. It's also a great way to meet people and enjoy their company and friendship. . It would be particularly helpful if we could add to our small team of **strong, able-bodied people** to help with deliveries and collections.

Please, if you are interested in helping us in any way, even if only for 3 or 4 hours a week, or for only a few weeks of the year, do get in touch.

Friends and Members of Age Concern Menorca

We are actively seeking to expand the number of 'Friends' of Age Concern because the new committee believe that Age Concern needs to become as inclusive as possible in order to thrive. It costs 12€ a year and, for that, you get a discount on the cost of every social event you attend. Please contact our Membership Secretary to join.

Both Friends and Voting Members will be invited to attend our A.G.M. although only Voting Members can vote.

General information

The Age Concern Centre:

Our Centre is on the Mahon poligono, close to the original Lidl store (now JYSK) and Mantolan.

Opening hours:

Monday to Saturday 9.45am - 1.15pm and also

Tuesday and Thursday evenings 5.00pm - 7.15pm
The shop sells a wide range of goods, for example: clothes, DVDs, CDs, books, bric-a-brac, toys, baby equipment, games, furniture, soft furnishings, household goods and electrical equipment.
We can collect donations and deliver large items purchased (for a small fee). Please phone or visit the centre to arrange collections.
Please note:

- **We can only accept items which are in good condition.**
- **We can only deliver to ground floor level.**
- **Please do not leave donations outside the shop when we are closed**.

Medical equipment:

We have a large stock of medical equipment which can be borrowed by both residents and visitors. We require a refundable deposit and only ask for donations when the equipment is returned. Airport delivery and collection is normally available. Though the medical equipment team are often in the centre during shop opening hours, to be on the safe side, **please contact the medical equipment team to make an appointment.**

Social events:

Drop in session:

Each Tuesday, 10.00 – 1.00 at Bar Pons, Cala en Porter. Just call in for a coffee, chat, game of bingo, scrabble etc.

Lunches:

Each month

- A Fish and Chip lunch on the **first Thursday** of every month at **Bar Pons** in Cala en Porter: 12.30 for 1.00; 13€ Friends/Members, 15€ others
- A lunch on the **third Wednesday** of every month at **Bar Espana** in Es Castell: 12.45 for 1.00; 14€ Friends/Members, 16€ others

Please contact **our Social Secretary** to book.

Age concern trips:

Trips take place throughout the year. If you are interested in joining any of our trips please contact **our Social Secretary** for details. Trip details can also be found on our Facebook page (see below).

Everyone is very welcome to join any of our events.

Friends of Age Concern:

Becoming a "Friend of Age Concern" means you are helping our work across the community in Menorca and also gives you a discount at lunches and other events.
Join at the Centre, at one of our functions or by contacting our Membership Secretary.

Further information:

More information about what we do, special events etc. can be found via our website and/or Facebook page:
Facebook: Age Concern Menorca 2015
OR contact us.

Contacts:

Shop/Centre: 971156110
Shop Manager: 636347286
Lifeline: **lifelineac@yahoo.com** or 'phone 676 904 487
Medical equipment: **acmenorcamedequip@gmail.com** **or** 'phone 629016307
Social Secretary: **patharries@telefonica.net** or 'phone 971 377 038
Membership Secretary: **tiggermenorca@gmail.com** or 'phone 971 377 261
General email: **menorca@ageconcern.org.es**