Age Concern: “Helping the Community”

This phrase sums up what Age Concern is about in Menorca. We use the funds we raise to help the community **here** in Menorca. We need your help and support to raise these funds and to expand the support we can offer, for example, in terms of individual support to the ‘senior citizens’ of Menorca.

Focus on medical and mobility equipment loan.

Menorca is trying it’s best to become an island accessible to all. Our medical and mobility equipment loan service exists to help both residents and visitors who have long or short term mobility or medical problems. We have a huge range of equipment: wheelchairs, crutches, walking frames, raised toiled seats, shower chairs, commodes- to name but a few. Jan and Duncan manage the supply of equipment to those in need. There is more information on this in the ‘general information’ section below.

Jan with some of our medical and mobility equipment

Publicising your events and services.

We have an information stand in the shop for individuals and organisations to publicise events and services. If you have any leaflets, posters, flyers or cards you would like us to display, please bring them into the shop. Why not call in and have a look at what’s going on?

Volunteers:

Though we have a wide range of established volunteers, we would like to recruit even more! The work is varied and there is always plenty to do. It’s very satisfying to feel you are helping others and is a great way to meet people and enjoy their friendship. It would be particularly helpful if we could add to our small team of **strong, able-bodied people** to help with deliveries and collections.
Please, if you are interested in helping us in any way, even if only for 3 or 4 hours a week, or for only a few weeks of the year, do get in touch.

General information

The Age Concern Centre:

Our Centre is on the Mahon poligono, close to the original Lidl store (now JYSK) and Mantolan.

Opening hours:
Monday to Saturday 9.45am - 1.15pm and also

Tuesday and Thursday evenings 5.00pm - 7.15pm
The shop sells a wide range of goods, for example: clothes, DVDs, CDs, books, bric-a-brac, toys, baby equipment, games, furniture, soft furnishings and household goods.
We can collect donations and deliver large items purchased (for a small fee). Please phone or visit the centre to arrange collections.
Please note:

- **We can only accept items which are in good condition.**
- **We can only deliver to ground floor level.**
- **Please do not leave donations outside the shop when we are closed**.

Medical equipment:

We have a large stock of medical equipment which can be borrowed by both residents and visitors. We require a refundable deposit and only ask for donations when the equipment is returned. Airport delivery and collection is normally available. Though the medical equipment team are often in the centre during shop opening hours, to be on the safe side, **please contact the medical equipment team to make an appointment.**

Social events:

Drop in session:

Each Tuesday, 10.00 – 1.00 at Bar Pons, Cala en Porter. Just call in for a coffee, chat, game of bingo, scrabble etc.

Lunches:

Each month

- A Fish and Chip lunch on the **first Thursday** of every month at **Bar Pons** in Cala en Porter: 12.30 for 1.00; 13€ Friends/Members, 15€ others (Thursday 6th June)
- A lunch on the **third Wednesday** of every month at **Bar Espana** in Es Castell: 12.45 for 1.00; 14€ Friends/Members, 16€ others (Wednesday 20th June)

Please contact **our Social Secretary** to book.

Age concern trips:

Trips take place throughout the year. If you are interested in joining any of our trips please contact **our Social Secretary** for details. Trip details can also be found on our Facebook page (see below).
Everyone is very welcome to join any of our events.

Friends of Age Concern:

Becoming a "Friend of Age Concern" means you are helping our work across the community in Menorca and also gives you a discount at lunches and other events.
Join at the Centre, at one of our functions or by contacting our Membership Secretary.

Further information:

More information about what we do, special events etc. can be found via our website and/or Facebook page:
Facebook: Age Concern Menorca 2015
OR contact us.

Contacts:

Shop/Centre: 971156110
Shop Manager: 636347286
Lifeline: **lifelineac@yahoo.com** or 'phone 676 904 487
Medical equipment: **acmenorcamedequip@gmail.com** **or** 'phone 629016307
Social Secretary: **patharries@telefonica.net** or 'phone 971 377 038
Membership Secretary: **tiggermenorca@gmail.com** or 'phone 971 377 261
General email: **menorca@ageconcern.org.es**