Age Concern Menorca **Extract from the August 2019 edition of Roqueta**

Focus on Information.

We see one of our key roles as being providing information, whether that be on what services are provided by individuals and organisations on the island, what advice, help and support is available to you if you have a specific need or simply 'what's on' locally.
We have an information stand in the shop which is filling up nicely. We already have leaflets from the AECC, the Alzheimer Support Association, Mobility services along with local attractions such as the Zoo and Menorca on Horseback (to name but a few).
Some of the information leaflets were sourced from Es Castell council and we arranged for their translation into English ("Thank you" Dani Marquez!) giving information on such things as support available in cases of domestic violence, telephone translation services, accessing help with housing costs and aids to managing daily medication.
We are keen to add to the range of information we display. If you have any leaflets, posters, flyers or business cards you would like us to display, please bring them into the shop.
Why not call in and have a look at what's available and what's going on?

Extra: We now also have comprehensive information leaflets, produced by Mike Hardesty, giving practical information and advice for anyone who has to go to Palma for medical treatment.

And a reminder of our regular social events:

Drop in session:

Each Tuesday, 10.00 – 1.00 at Bar Pons, Cala en Porter. Just call in for a coffee, chat, game of bingo, scrabble etc.

Lunches each month (next lunch dates shown in red).

- A Fish and Chip lunch on the **first Thursday** of every month at **Bar Pons** in Cala en Porter: 12.30 for 1.00; 13€ Friends/Members, 15€ others (Thursday 5th September)
- A lunch on the **third Wednesday** of every month at **Bar Espana** in Es Castell: 12.45 for 1.00; 14€ Friends/Members, 16€ others (Wednesday 21st August)

Please contact **our Social Secretary** **patharries@telefonica.net** **971 377 038** to book.

All welcome!