Age Concern Menorca:

We are continuing to expand our help to the community here in Menorca, particularly to enhance the everyday life and support the individual needs of our 'senior citizens'.

Focus on Christmas!

It feels really odd to be writing about Christmas when sitting here in the early September sunshine but it will be with us before we know it! We're well into our planning for Christmas here at Age Concern.
Our new Christmas stock is here and will be on sale from the start of November. Stock includes our ever popular crackers, a great choice of both single and multi-pack cards and much, much more!

Tickets are now available for our **Grand Christmas Party**. Places are limited so get yours early. More information can be found on the poster.

Regular Social events

Drop in session:
Each Tuesday, 10.00 – 1.00 at Bar Pons, Cala en Porter. Just call in for a coffee, chat, game of bingo, scrabble etc.
Lunches:
Each month

- A Fish and Chip lunch on the **first Thursday** of every month at **Bar Pons** in Cala en Porter: 12.30 for 1.00; 13€ Friends/Members, 15€ others (3rd October, 7th November)
- A lunch on the **third Wednesday** of every month at **Bar Espana** in Es Castell: 12.45 for 1.00; 14€ Friends/Members, 16€ others (16th October, 20th November)

Further information, including how to book, is given in the General Information section below.

The photographs show some of the 40 or so guests enjoying our September lunch at Bar Pons. More photographs can be seen on our Facebook page.

Trips

- There will be a shopping trip to Ciutadella on **Friday 25th October** (market day). This will be free for Friends/Members and 2€ for others wishing to travel with us.
  Contact Beverly Rickwood: b_rickwood@hotmail.com (watch out for the underscore!) or 623013799 to reserve your place.
- We are planning a trip on **Thursday November 27th** to Truvi (where you can stock up on more Christmas goodies!). There will be at least one more stop, possibly Monte Toro. Cost is likely to be around 25€ (lunch included), depending on numbers.
- We are also arranging some free shopping trips in October from Cala en Porter and Es Castell to the Mahon Poligono (mainly to help those without their own transport: places will be limited)

Further details for each trip will be available as soon as everything for that trip is confirmed.

Keep an eye on our Facebook page, contact or visit the shop, look out for posters and check future issues of Roqueta for further details of all events.

As a new service, if you contact us with your email address, details of all our planned activities can be emailed directly to you.

Everyone is welcome to join us in any of our activities. You don't have to be a Friend, Member or Senior Citizen. If you've never joined us before, why not give it a try?

General information

The Age Concern Centre:

Our Centre is at Carrer d'Artrux 10,on the Mahon poligono, between JYSK and Mantolan.

Opening hours:

Monday to Saturday 9.45am - 1.15pm and also

Tuesday and Thursday evenings 5.00pm - 7.15pm

Please note:

- **We can only accept items which are in good condition.**
- **Please do not leave donations outside the shop when we are closed**.
- **We can collect large donated items, by arrangement**.

Medical equipment:

We have a large stock of medical equipment which can be borrowed by both residents and visitors. We require a refundable deposit and only ask for donations when the equipment is returned. Airport delivery and collection and delivery to most locations on the island are normally available. Though the medical equipment team are often in the centre during shop opening hours, to be on the safe side, **please contact the medical equipment team to make an appointment.**

Age concern trips:

Trips take place throughout the year. If you are interested in joining any of our trips please contact **lindahart.outings@gmail.com**, 'phone or visit the shop or look on our Facebook page for details. **Everyone** is very welcome. ----------

Friends of Age Concern:

Becoming a "Friend of Age Concern" means you are helping our work in Menorca and also gives you a discount at lunches and other events. Join at the Centre, at one of our functions or by contacting our Membership Secretary. **It is now possible to pay your subscription by bank transfer.**

Further information:

More information about what we do, special events etc. can be found via our Facebook page: **Age Concern Menorca 2015**

OR contact us.

Contacts:

Shop/Centre: 971156110

Shop Manager: 636347286

Lifeline (confidential help): **lifelineac@yahoo.com** or 'phone 676 904 487

Medical equipment: **acmenorcamedequip@gmail.com** **or** 'phone 629016307

Social Secretary: **patharries@telefonica.net** or 'phone 971 377 038

Membership Secretary: **tiggermenorca@gmail.com** or 'phone 971 377 261

General email: **menorca@ageconcern.org.es**